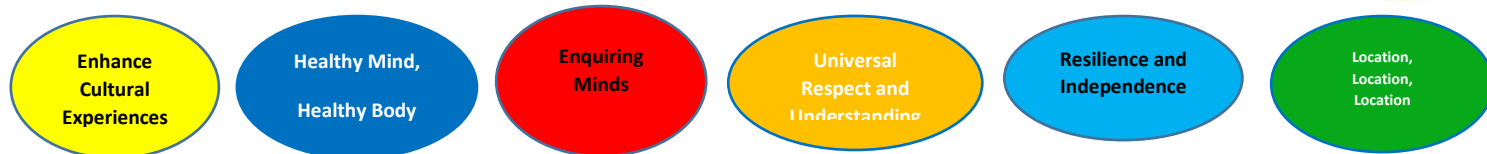


Physical Education Policy



Curriculum Statement:

At Richard Durning's Endowed Primary School we aim to provide an engaging and challenging PE curriculum that allows all students to achieve beyond their expectations.

We aim to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing in our children, now and for their future. Physical fitness at our school contributes to and is an important part of leading and building a healthier lifestyle. We aim to teach children self-discipline within fitness and instil in children a love of physical activity through team work, developing their potential and become the best they can be.

Intent:

- To be aware of the importance of physical activity and understand the benefits on both our physical and mental well-being.
- To engage in activities that allow us to develop strength, stamina, coordination and well-being within different areas of PE including Dance, Gymnastics, Invasion Games, Target Games, Athletics, Striking and Fielding, Swimming and much more.
- To develop a wider range of skills in PE including leadership, sportsmanship, respect, team player.
- To ensure all pupils are provided with ample opportunities to leave school having met or exceeded the expected standard within PE.
- To be resilient within PE, recognising that physical confidence can support our ability in competitive and non-competitive sports.
- To develop an understanding of safety within PE, following rules and keeping both themselves and others safe.
- To develop fundamental skills within all sports children are taught. Remember key knowledge and skills by repeating and revisiting concepts on a regular basis.
- To ensure children are exposed to a wide variety of PE related vocabulary and are able to communicate this vocabulary in discussions. To record new vocabulary and skills within the Knowledge Journals to build sticky knowledge (long term memory).
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- To develop the capacity to persevere to achieve success and personal best.
- To provide EYFS children with opportunities to develop and improve physically, building on their Functional Movements which will lead to strong bodies ready for PE.
- To ensure SEND children have a voice in PE and School Sport.
- To provide non-gender specific sport where all children feel safe and comfortable
- To provide a safe environment for children to feel comfortable being open about who they are when involved in sport and physical activity.
- The curriculum provision is designed around the needs of our children.
- To ensure PE clothing, including cultural, is embraced and understood within physical activity.

Implementation:

- Discrete PE lessons taught twice weekly for all children.
- Opportunities for EYFS children to participate in both Teacher Led and External Coach Led PE.
- To deliver the National Curriculum P.E. Requirements through the Lancashire Scheme of Work.
- KS1 and KS2 PE is delivered by West Lancs Sport Partnership Coaches and Class Teachers.
- We use the Succeedin Scheme of Work to deliver lessons, building on pre knowledge, skills and understanding of the sports and skills required.
- Further opportunities provided daily for children to achieve 30 minutes moderate to vigorous activity through Active Lunchtimes - planned activities on a rotation base, informed by TA's and children's suggestions.
- Children will repeat fundamental physical skills to ensure they are embedded within long term memory, facilitating progression.
- Share vocabulary linked to each relevant area displaying on the PE board to develop children's understanding.
- Adaptive teaching ensures progression in developing pupil capability.
- A wide range of extra-curricular opportunities both before and after school through teacher led clubs or external providers. Pupil's voice is taken into account when planning and providing a range of activities.
- External competitive sporting events run by WLSP that are inclusive of all children including SEN, AGT, PP children. Actively and positively promote these activities so that all children from year 1 to year 6 have the chance to represent school each year.
- PE Vocabulary displayed in class on our Class PE Display Board showing progression through the key stages and added to Knowledge Journals to aid long term memory.

Impact:

Our PE curriculum is high quality, well thought out and is planned to demonstrate progression throughout year groups.

In addition, we measure the impact of our PE curriculum through the following methods:

- Children reflect at the end of each lesson against the aims and lesson objectives.
- Children will use Pupil Voice when questioned by the Subject Leader and Sports Councillors and be confident in expressing what they have learnt.
- Summative assessment is completed at the end of each unit to inform leaders of the progress or skills that need to be developed.
- An overall reflection on standards completed from data taken at the end of each unit and average progress for each child calculated at the end of the year.
- Assessment criteria included as lesson objectives, outcomes and success criteria.
- Teacher and School Sport Specialist observation of pupil performance in lessons.
- Keep an electronic record of individual pupil's achievements for each activity area (those working towards, at, and beyond expectations).
- As a result of these, teaching and planning is modified accordingly to ensure that children make their best progress and attainment.
- All pupils will have increased vocabulary and knowledge of PE skills and definitions of words that become sticky knowledge.

Policy Details

Resources

A wide range of PE, Sport resources are kept in the designated PE Shed outside.

Benches and Hoops are kept in the school hall.

Facilities for PE and Physical Activity at Richard Durnings:

On-site Facilities

- Hall complete with climbing frame/benches/mats
- P.E. Shed contains equipment for all areas taught and additional resources for Games and Active Lunch Times.
- Playground with netball court and markings
- Field area
- Football pitch marked and football goals
- Lane markings for sprints when required
- Outdoor Play area for Foundation Stage
- Track for mile a day

Off-site Facilities

- Tarleton Swimming Pool
- JMO Football Pitches.
- Edge Hill
- WLSP Link schools - Burscough Priory, Tarleton, Ormskirk, St Bede's

Inclusion:

- All children have a right to access the curriculum. Teachers modify their plans and lessons appropriately for each child's individual needs.

Safety

The Physical Education and Activity Policy ensures the safety of all pupils. The policy ensures that:

- Appropriate risk assessments are adopted by the PE co-ordinator.
- Pupils understand all procedures and information regarding the minimising of risks.
- Regular assessments are carried out of risks associated with general procedures, facilities, activities, equipment and exercise practice.
- PE co-ordinator to ensure staff receive appropriate training and quality information to minimise risk in PE.
- Have a working knowledge and understanding of their liabilities and legal responsibilities.
- Secure knowledge and understanding of the safety implications and procedures associated with the activities which are being taught.
- Be familiar with the Health and Safety Policy of the school.
- Risk-assessment framework.
- Carry out regular assessments of risk in terms of general procedures, facilities, activities and exercise practice.
- Be completely familiar with the AFPE document, 'Safe Practice in Physical Education.'
- Be knowledgeable concerning particular conditions and know how to plan and/or adapt exercise/activities to minimise risks for young people with these conditions.
- Be able to assess the safety of specific exercise/activities.

All teaching staff and School Sport Specialists should ensure:

- Basic rules are adhered to. (see appendix)

- That they are familiar with safety guidelines issued by Co-ordinator in conjunction with AFPE document.
- A record is kept of pupils with medical conditions.
- They are either first aid trained themselves or know who the qualified first aiders are.
- Safe and effective procedures are taught and adopted in all activity sessions within and outside of school.
- Equip themselves with an emergency contact list containing parental contact information and any appropriate medical and or learning details of the pupils in their care when at activities off the school site.

This policy was approved by *Governors* May 2023.

It is due for renewal *May* 2026.